**TAC National Masters 8k Cross Country Championships**

**Steilacoom, WA**

**December 2**

W40

1 Kate O'Neill 30:08

2 Jane Treleven 30:34

3 Nancy Donehawer 34:09

4 Cathy Elliott-Glatze 34:46

5 Karan Godman 34:47

6 Karen Harding 36:01

7 Susan Chewning 36:16

8 Judy Gamboa 38:21

9 Susan Mkrtichian 42:30

10 Lynn Ostenson 44:35

11 Diane Schurr 50:13

W45

1 Ricki Vadset 33:51

2 Pat Warner 34:59

3 Charlotte Swanson 35:01

4 Lolitia Bache 35:47

5 Dianne Haines 40:00

6 Mary Ann Wallace 42:55

7 Judy Mosher 51:21

W50

1 Christine Curtis 33:30

2 Corrine Flannigan 38:19

3 Kay Maris 41:22

4 Bev LaVeck 46:15

5 Catalina Burfiend 48:04

W55

1 Peggy Ainslie 35:35

2 Louise Taylor 39:22

3 Joan Martin 45:39

W60

1 Billie Murphy 36:18

2 Ruth Anderson 39:36

3 Velma Buck 45:57

W65

1 Louise Swanson 49:36

2 Marion Chadwick 59:13

M40

1. Herman Atkins 25:06
2. James McGill 25:52
3. Ed Granchalek 26:45
4. Philip Welch 26:57
5. Kneale Quayle 27:09
6. Tom Cotner 27:18
7. Ian Meikle 27:32
8. John Payne 27:33
9. John Hahn 28:01
10. Bill Lindesmith 28:02
11. Rick Recker 28:31
12. Garry Kryszak 28:41
13. Paul Ladniak 28:51
14. Kevin Cahill 28:56
15. Jack Duncan 29:44
16. Armondo Brionez 30:00
17. Bob Chaffeur 30:59
18. Paul Bellus 31:40
19. Peter O’Neil 31:58
20. Greg Bockm 33:14
21. Gerry Kaiser 34:25
22. Clarence Johnson 34:51
23. Martin Wanless 35:49
24. Steve Frederickson 39:06
25. Henry Weber 43:03

M45

1. JERRY TIGHE 26:10
2. DAVID WILLIAMS 27:06
3. KIRK RANDALL 27:30
4. RON TAYLOR 27:40
5. TIM JOSLIN 28:03
6. JOHN BOYLE 29:04
7. JAMES O'BRIEN 29:06
8. MIKE DONOGHUE 29:09
9. CHRIS STEER 29:17
10. LEWIS CHANDLER 29:27
11. JIM MCLATCHIE 29:48
12. LEN ELLIOTT 31:03
13. RONALD WARNER 31:10
14. JOHN WILLIAMS 32:42
15. TIM TILTON 33:11
16. HOWARD HARRIS 33:19
17. BOB MYRICK 33:26
18. GEORGE HANSEN 34:33
19. EVERETT ADAMS 35:11
20. GUY NEFF 36:45
21. ED BAGLEY 39:19
22. JOHN CARLIN 39:58
23. ALAN DUYFF 40:27
24. GARY SMITH 41:27
25. LEW JONES 46:12
26. RONALD NARANEN 52:54

M50

1. SAL VASQUEZ 25:50
2. BILL MEINHARDT 27:38
3. TIM ROSTEGE 27:44
4. DAVID HAMBLY 27:50
5. ROGER BRYAN 28:46
6. NEAL CHAPPELL 28:51
7. MAURICE PRATT 29:18
8. KEN NOEL 29:29
9. EARL ELLIS 29:31
10. WILLIAM HICKMAN 30:22
11. DAVID HAUGEN 30:29
12. AL HUFF 30:31
13. DAVID PITKETHLY 30:33
14. ROBERT LANGENBACH 30:50
15. VALDEMAR SCHULTZ 30:52
16. ROY VEAL 30:55
17. RONALD BRINTON 31:01
18. ERNIE WIEGAND 31:13
19. JIM MCDIARMID 31:22
20. KEN OGDEN 31:46
21. BILL MALINSKI 33:44
22. JIMMY J. SMITH 36:21
23. WILLIAM GAINES 37:09
24. MIKE FAGAN 38:07
25. GERRY EVANSON 39:47
26. JOSEPH LEE 39:49

M55

1. JOHN FINCH 29:11
2. LARY WEBSTER 30:30
3. JIM HILTON 30:00
4. MEL PREEDY 32:30
5. BRUCE KATTER 34:53
6. FIELD RYAN 35:20
7. LIONEL HAYWOOO 35:34
8. COURTNEY JONES 38:28
9. WILLIAM BROTTEN 40:23
10. WILLIAM PARKER 40:40
11. ROGER DAISLEY 42:33
12. JIM BRYAN 43:50
13. JOSEPH EBERLING 52:54

M60

1. ROSS SMITH 30:18
2. JERRY CROCKETT 31:29
3. JIM RUCK 34:42
4. RICHARD GOEN 35:58
5. DWAYNE WESTLIN 36:07

M65

1. NORM HANSEN 36:54
2. R0BERT HAYDEN 38:55
3. HANK NEIGHBORS 44:19

M70

1. NATE WHITE 37:12
2. JACK KIRKPATRICK 37:30
3. Z. DANES 42:06

M75

1. Dudley Healy 40:01
2. Jule Crabtree 47:06
3. Robert Boal 50:10

**Team Scores**

M40 (5 score)

1. Snohomish TC 2:15:14

M50 (5 score)

1. West Valley Joggers & Striders 2:18:49
2. Snohomish TC 2:30:43
3. Fort Steilacoom Running Club 2:36:01

M60 (3 score)

1. Fort Steilacoom Running Club 1:47:43

W40 (3 score)

1. Snohomish TC 1:39:00
2. Pacific Pacers 2:27:55

W50 (3 score)

1. Snohomish TC 1:45:23

***National Masters News*, January, 1991 issue**

**Atkins Late to Starting Line; Passes Everyone to Win National 8K XC**

By CAROLE LANGENBACH and JAY LINDBERG

STEILACOOM, WA

December 2, 1990

The story of the U.S. TAC National Masters 8k Championships today was Herman Atkins ability to catch the entire field and win in 25:06 after a 35-second late start. Atkins, a 42-year-old resident of Everett, Wash., overtook 134 other runners in the masters-only race to post a 44-second win over runner-up Sal Vasquez, 50, of Suisun, Calif. Vasquez's age-graded effort of 93.7% was the best of the day. The event was held on a cool and cloudy Sunday that threated rain. It was truly national in scope, with the 135 finishers coming from as far away as Massachusetts, Minnesota, Florida, Oklahoma, Texas, Nevada, New York, New Jersey, California, and North Carolina. Many had attended TAC's National Convention in Seattle the week before. Kate O'Neill, 44, from Lake Stevens, WA, won her second national title this fall. She won the National Masters 10k Cross-Country in Pasco, Wash., a month earlier. Her 30:08 clocking beat out Jane Treleven, 41, by 26 seconds. National TAC medals were awarded three deep in five-year age divisions. Teams of five runners for M40-49 and M50-59 and of three runners for all other 10 year age divisions competed for team awards. The only hotly contested team category was the M50-59 with California's West Valley Joggers and Striders edging local favorite Snohomish Track Club, 2:18:49 to 2:30:43.

After the race, runners were treated to a breakfast centered around hot cereal, compliments of Roman Meal, a long-time sponsor of the accompanying Roman Meal 10K Glove Run. The race was organized by the Fort Steilacoom Running Club, an active group in this small community southwest of Seattle. Added race touches included gloves with a TAC logo and souvenir pins.